## Multidisciplinary approaches

Making the most of Allied Health in your multidisciplinary teams.





## **Acknowledgement of Country**

In keeping with Occupational Therapy Australia's commitment to reconciliation and respect, I would like to acknowledge the Traditional Custodians of Country throughout Australia and their connections to the land, sea and community.

We pay our respects to their Elders past, present and emerging and extend that respect to all Aboriginal and Torres Strait Islander people with us today.





# What is allied health?



### **Allied Health Professionals**



**Professions** Australia (AHPA): Allied

**Professions** 

Health











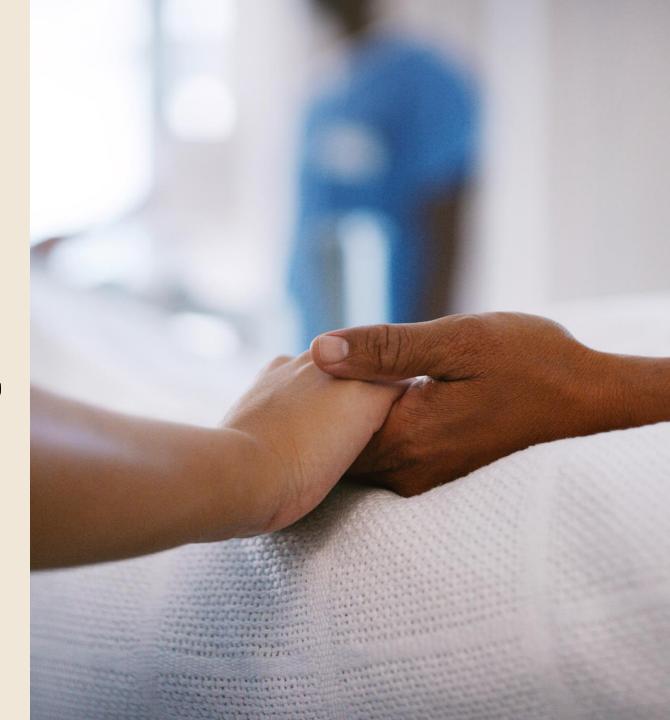


## What do allied health bring to aged care?



## **Allied Health in Aged Care** Multidisciplinary Holistic **Evidence** based Person Quality centred outcomes

Why do we need allied health in our teams?





#### Recommendation 38: Residential aged care to include allied health care

To ensure residential aged care includes a level of allied health care appropriate to each person's needs, the System Governor should, by no later than 1 July 2024:





#### 2024 Progress Report

Implementation of the Recommendations of the Royal Commission into Aged Care Quality and Safety

June 2024

The Royal Commission called for better access to health care and allied health services for older people receiving aged care, particularly people in residential care. The Office explored progress on improving access to general practitioner (GP) services and dental care with stakeholders, and heard the sector considers progress to be minimal. While the introduction of the Australian National Aged Care Classification (AN-ACC) model could have led to providers using more allied health in a restorative way, many have in fact reduced access to allied health because allied health professionals time does not count in compulsory care minutes. Discussion with stakeholders indicates further work is needed to improve allied healthcare access and delivery.





#### **Restorative Care Pathway**

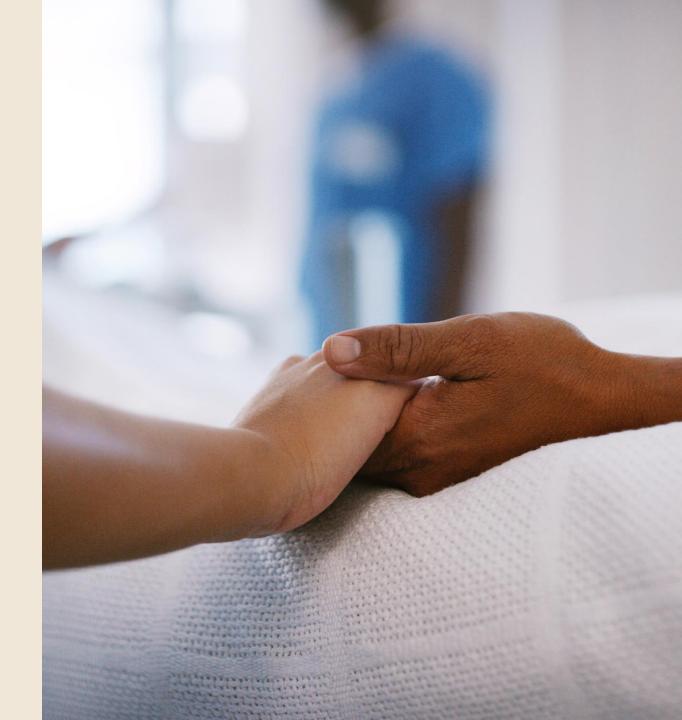




agedcareengagement.health.gov.au



Who might benefit from allied health services?







How to create environments that support multidisciplinary practice?



## Characteristics of a multidisciplinary model of care













Human Rights based approach Integrated multi-disciplinary team

Identification of allied health need to inform assessment & care planning

Individual preferences for care

Care coordination Tailored care delivery

Flexible and timely review of function







## Allied health provision 'grossly insufficient'

@ Christopher Kelly ③ August 30, 2024

A major reason for the gap in services in residential care is the lack of any mandatory targets, says an expert.



#### Quarterly Financial Snapshot

Aged Care Sector

Quarter 1 2023-24 July to September 2023

agedcareengagement.health.gov.au

The Regression of Reablement: Unraveling the Decline of Allied Health in Aged Care

#### **Unintended consequences**

The aged care reforms are meant to improve access to holistic quality care but some changes are having both positive and negative impacts.

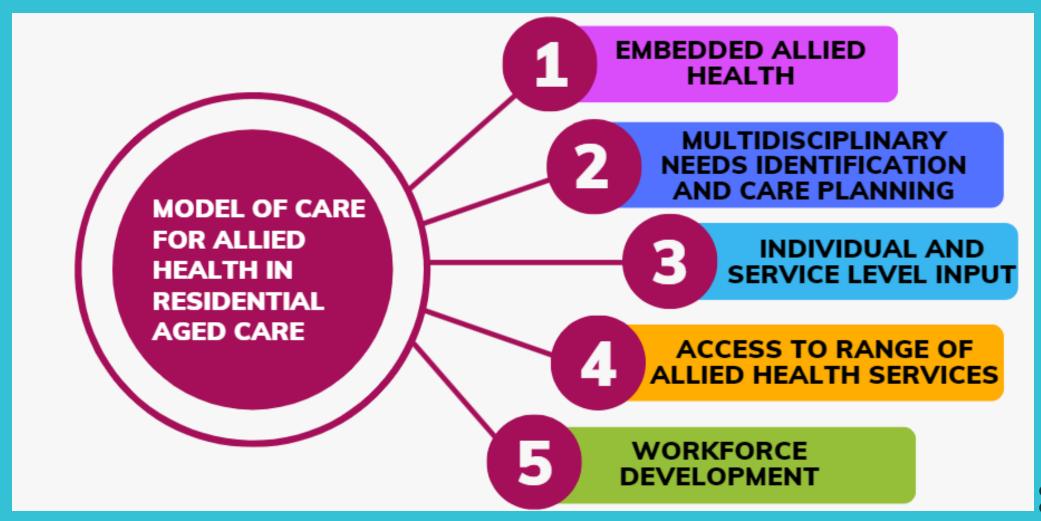
Reform and reverberation: Australian aged care policy changes and the unintended consequences for allied health



The number of allied health workers in residential care fell sharply between 2020 and 2023, a new report reveals.

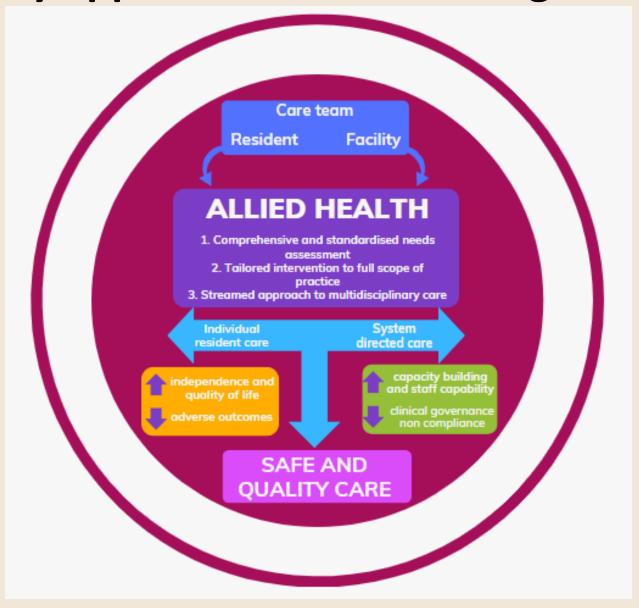


## Models of multidisciplinary care – residential aged care

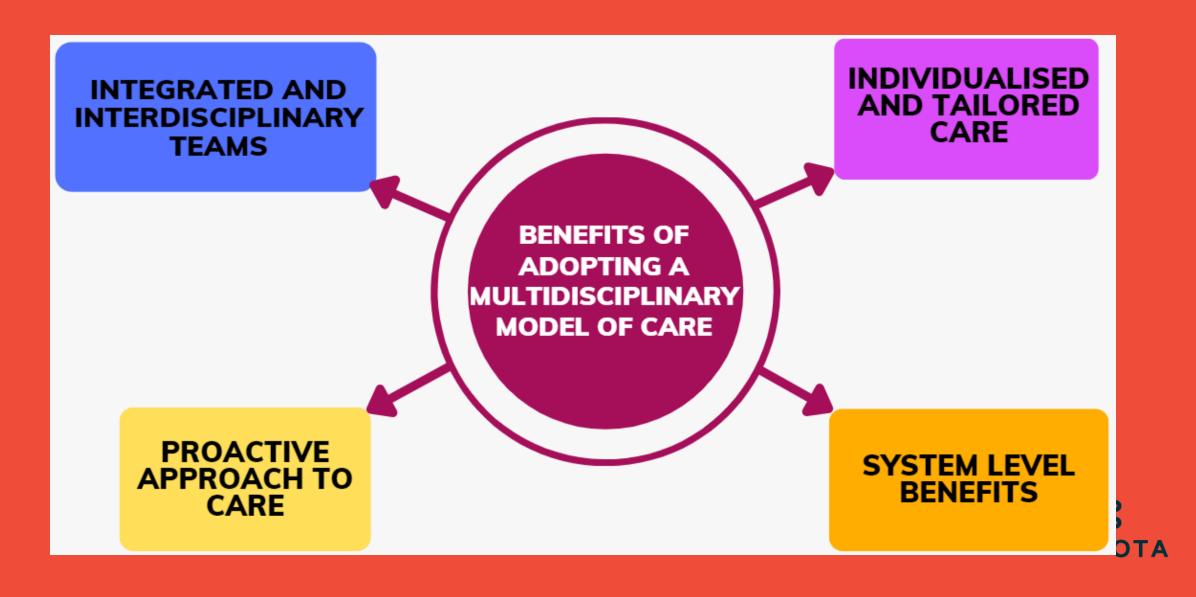




## Multidisciplinary approach – residential aged care



## Benefits of adopting a multidisciplinary model



## Where to from here?



## Potential barriers for allied health multidisciplinary care



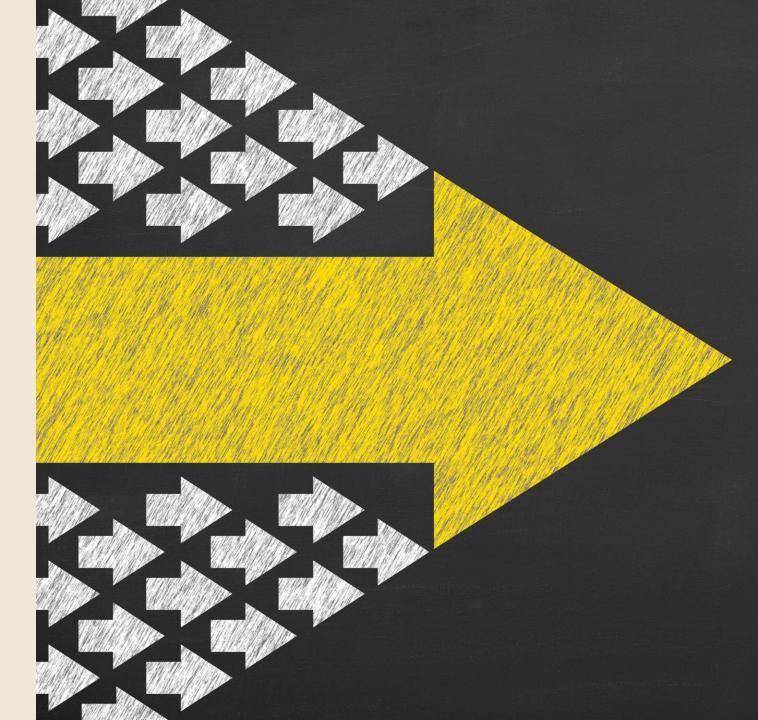








# What can we do?





## Thank you

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